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HUSR 205: Introduction to Human Services syllabus

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Introduction to Human Services
HUSR 205-001
Spring 2021

Associate Professor: Dr. David Greene
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E-Mail: david.greene@unco.edu
Office Hours: email, Zoom, or telephone by appointment
Class Time: 9:05-9:55 MWF
Credits: Three (3)
Prerequisites   None
LAC Status   Area 5c, GT-SS3

A course homepage is available in Canvas. Assignments, due dates, readings, forms, and grades will be available through Canvas. ***All assignments must be uploaded into Packback / Canvas.***

Course Description: Interdisciplinary orientation to human services systems worldwide. Historical developments, populations served, career opportunities, controversial issues, ethics.

Required Textbook: This course is designed with Open Educational Resources (OER) and other FREE materials. OER are materials for teaching and learning that are either in the public domain or have been released under a license that allows them to be freely used.

Packback: Packback is an online community where you can be fearlessly curious and ask open-ended questions to build on top of what we are covering in class and relate topics to real-world applications.

Course Objectives: Promote knowledge and skills in the following areas:

1. Historical origins, development and cultural context of human services systems in the United States and various countries throughout the world.
2. To identify the complexities of human services needs and the impact of those needs on individuals and society.
3. Diverse human services systems, models and frameworks, including theoretical concepts of need and methods of helping, as well as reading and understanding empirical literature on the research outcomes of various models used in practice.
4. Understanding for universality and interrelatedness of human needs and problems.
5. The study of literature concerning systemic interaction in groups, families, special populations, and social systems. Understand how research knowledge can be applied to make change occur in systems.
6. Appreciation of diverse views. Compare and contrast various groups and reveal how multicultural human service issues affect each of us.

gtPathways Content and Competency Criteria:

The Colorado Commission on Higher Education has approved HUSR 205 for inclusion in the Guaranteed Transfer (GT) Pathways program in the GT-SS3 category. For transferring students, successful completion with a minimum C– grade guarantees transfer and application of credit in this GT Pathways category. For more information on the GT Pathways program, go to http://highered.colorado.gov/academics/transfers/gtpathways/curriculum.html

Student Learning Outcomes:

1. Build Self-Awareness: Demonstrate how one's own attitudes, behaviors, or beliefs compare or relate to those of other individuals, groups, communities, or cultures.[1]
2. Examine Perspectives: Examine diverse perspectives when investigating social and behavioral topics within natural or human systems.[1]
3. Address Diversity: Make connections between the worldviews, power structures, and experiences of individuals, groups, communities, or cultures, in historical or contemporary contexts.[1]
4. Critical Thinking: Demonstrate the ability to ask research questions, judge the quality of research sources, and/or use information to explain an issue or argument.[1]
5. Develop knowledge of human behavior, including learning, cognition, and human development **or** cultural or social frameworks/theories that explore and compare issues and characteristics of individuals, groups, communities, or cultures
6. Understand diverse perspectives and groups.
7. Explain an Issue : Use information to describe a problem or issue and/or articulate a question related to the topic.
8. Utilize context: Evaluate the relevance of context when presenting a position., Identify assumptions, Analyze one's own and other's assumptions.
9. Understand implications and make conclusions: Establish a conclusion that is tied to the range of information presented, Reflect on implications and consequence of stated conclusion.
10. Build self-awareness: Demonstrate how their own attitudes, behaviors, or beliefs compare or relate to those of other individuals, groups, communities, or cultures.
11. Examine perspectives: Examine diverse perspectives when investigating social and behavioral topics within natural or human systems.
12. Address diversity
13. Make connections between the world-views, power structures, and experiences of individuals, groups, communities, or cultures, in historical or contemporary contexts.

[1]HUSR 205 fulfills the requirements for LAC Area 5C (Human Behavior and Social Systems), GT-SS3

University Policy and Honor Code: Students are expected to abide by the University Honor Code in all academic endeavors. Please show scholastic courtesy during "class time". Plagiarism will not be tolerated in this course, and policies for academic misconduct will be strictly enforced. All members of the University of Northern Colorado community are entrusted with the responsibility to uphold and promote five fundamental values: Honesty, Trust, Respect, Fairness,

and Responsibility. These core elements foster an atmosphere, inside and outside of the "classroom", which serves as a foundation and guides the UNC community's academic, professional, and personal growth. Endorsement of these core elements by students, faculty, staff, administration, and trustees strengthens the integrity and value of our academic climate.

UNC'S Policies: UNC's policies and recommendations for academic misconduct will be followed. For additional information, please see the Student Code of Conduct.

Disability Statement: It is the policy and practice of the University of Northern Colorado to create inclusive learning environments. If there are aspects of the instruction or design of this course that present barriers to your inclusion or to an accurate assessment of your achievement (e.g. time-limited exams, inaccessible web content, use of videos without captions), please communicate this with your professor and contact Disability Support Services (DSS) to request accommodations. Office: (970) 351-2289, Michener Library L-80. Students can learn more about the accommodation process at http://www.unco.edu/disability-support-services/

Course Requirements:

Attendance: You are expected to "attend" and actively participate in all "class" (Zoom) meetings. The Zoom experience cannot be duplicated and absence suggests that part of the course has been lost to you. In the case of illnesses and/or extreme emergencies it is essential that you communicate with me as soon as possible. The responsibility for work, announcements, and information missed because of absence, regardless of the reason, rests upon the student. Punctuality is also important and demonstrates professionalism and respect for fellow students and the instructor.

Packback Questions (20 points each): There will be ten Packback Question opportunitites from which you will need to complete eight. Each is worth 20 points. The remaining two will be available for extra credit. Each Packback Question will be discussed in class so please be sure to attend and get all the specifics. All are due by 11:59 pm on Sunday evening. No late assignments will be accepted.

Sept 6   Too many problems, too few resources, where to work in the human services? Discuss?

Sept 13   With the upcoming national election, what might happen to the human services? Discuss?

Sept 20   *Your Values Profile* and working in the human services? (*Your Values Profile* is available in Canvas: Files.) Discuss?

Oct 4   I'm now trained as a Colorado Child Welfare Mandated Reporter? http://www.coloradocwts.com/mandated-reporter-training Discuss?

Oct 11   The *Implicit Associations Test*? (http://implicit.harvard.edu/implicit). Discuss?

Oct 18	Based on the professional standards discussed in the article *Would You Hire You* (Canvas files: NOHS Human Services Today), would you hire you? Discuss?

Oct 18 Based on the professional standards discussed in the article *Would You Hire You* (Canvas files: NOHS Human Services Today), would you hire you? Discuss?

Oct 25 Case management, the foundation of the human services? Discuss?

Nov 8 We all bring our own life experiences to our work. Discuss?

Nov 15 The most significantly at-risk population today in the human services? Discuss?

Nov 22 Group dynamics for good and evil? Discuss?

Exams (70 points each): There will be three exams given, all of equal weight. Although the third exam will begiven during the final time period, it is not a cumulative final. Exams will be on-line, therefore you can take each exam anywhere you have internet access. Exams will cover all assigned readings, materials covered in class, and class activities. The exams will consist of multiple choice and true/false questions.

Helpful HUSR 205 Hints

- ✓ I am readily available by email, Zoom meeting or phone call and welcome you to visit in your preferred way.
- ✓ I don't offer extra credit unless it is available to the entire class.
- ✓ The greatest predictor of success in college (and probably in life) is showing up and showing up on time.

Final Grade:

Packback Discussions 8 @ 20	160 points
Exam 1	70 points
Exam 2	70 points
Exam 3	70 points
	370 points

   Grading Scale

A:	333-370	(90%)
B:	296-332	(80%)
C:	259-295	(70%)
D:	222-258	(60%)
F:	< 222	

Tentative Schedule:

The following schedule is tentative and may vary. Any adjustments will be announced in "class".

Aug 24	Course Introduction / Syllabus Overview / OER / Packback
Aug 26	Course Introduction / Syllabus Overview / OER / Packback
Aug 28	*Everything you need to know about APA and Ebscohost for this class!*
Sept 2-9	Module 1: Overview of Human Services

Woodside, M., & McClam, T. (2009). *An introduction to human services* (6th ed.). Cengage. Chapter 1

https://silo.pub/an-introduction-to-human-services-sixth-edition.html

Sept 6	*Packback Question 1*
Sept 11-16	Module 2: History of Helping

Wisecarver, S.E. (2015). *Mental health treatment: Past and present*. OpenStax.

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https://cnx.org/contents/Ow-C8RK7@1.1:V1mmGUdI@2/14-1-Mental-Health-Treatment-Past-and-Present

Sept 13	*Packback Question 2*
Sept 18-23	Module 3: Characteristics of Effective Helpers

Woodside, M., & McClam, T. (2009). *An introduction to human services* (6th ed.). Cengage. Chapter 6

https://silo.pub/an-introduction-to-human-services-sixth-edition.html

Sept 20	*Packback Questions 3*
Sept 25	*Exam 1* **(Online in Canvas 9:00 – 10:00)**
Sept 28-Oct 5	Module 4: Ethics in the Human Services

Castro-Atwater, S.A., & Hohnbaum, A.L.H. (2015). A conceptual framework of

"top 5" ethical lessons for the helping professions. *Education, 135*(3), 271-278.

https://www.academia.edu/10793782/A_Conceptual_Framework_of_Top_5_Ethical_Lessons_for_the_Helping_Professions?auto=download

National Organization of Human Services. (2015). *Ethical standards for human*

service professionals. Author. https://www.nationalhumanservices.org/ethical-standards-for-hs-professionals

Oct 4   *Packback Question 4*

Oct 7-14   Module 5: Diversity in the Human Services

Das, A.K. (1995). Rethinking multicultural counseling: Implications for

counselor education. *Journal of Counseling & Development, 74*, 45-52.

Article in *Canvas: Files*.

Carten, A., Siskind, A., & Greene, M.P. (2016). *Strategies for deconstructing*

racism in the health and human services. Oxford University Press.

Chapter 13: Establishing Effective Cross-Cultural Alliances with Diverse

Consumer Populations.

Text in Michener Library, Ebook Central

Oct 11   *Packback Question 5*

Oct 16-23   Module 6: The Helping Process

Capuzzi, D., & Stauffer, M.D. (2016). *Counseling and psychotherapy: Theories*

and interventions (6th ed.). American Counseling Association.

Chapter 1: The Helping Relationship: From Core Dimensions to Brief and

Integrative Possibilities.

Text in Michener Library, Ebook Central

Oct 18   *Packback Question 6*

Oct 26-30   Module 7: Case Management in the Human Services

Commission for Case Manager Certification. (2020). *Introduction to the case*

manager body of knowledge. https://cmbodyofknowledge.com/content/
introduction-case-management-body-knowledge

Oct 25   *Packback Question 7*

Nov 2   *Exam 2* (Online in Canvas 9:00 – 10:00)

Nov 4-9   Module 8: Lifespan Theories in Human Services

Psychology – Lifespan Theories. OERCommons

https://www.oercommons.org/courseware/lesson/15342/overview

McLeod, S. A. (2020, March 20). *Maslow's hierarchy of needs*. Simply

Psychology. https://www.simplypsychology.org/maslow.html

Nov 8   *Packback Question 8*

Nov 11-16   Module 9: Client Populations

University of Minnesota Libraries. (2010). *Racial and ethnic inequality* in Social

Problems: Continuity and Change. Creative Commons Licensing.

https://open.lib.umn.edu/socialproblems/part/chapter-3-racial-and-ethnic-inequality/

Nov 15   *Packback Question 9*

Nov 18-23   Module 10: Group Dynamics in the Human Services

Haynes, N.M. (2012). *Group dynamics: Basics and pragmatics for practitioners*.

University Press of America.

Chapter 1: Defining Groups, Types of Groups, and Value of Groups

Chapter 2: Stages of Group Development

Chapter 9: Group Leadership

Text in Michener Library, Ebook Central

Nov 22   *Packback Question 10*

Nov 30-Dec 2 Module 11: Families in the Human Services

Laff, R., & Ruiz, R. (2019). *Child, family and community*. Creative Commons

attribution 4.0 International License.

Chapter 2: How Children Learn and Understand their World.

Chapter 5: What is a Family

https://groups.google.com/forum/#!forum/child-family-and-community-oer-resources

Dec 4   Module 12: The Future

Dec 10   **Thursday**   *Exam 3* **(Online in Canvas 10:45-11:45)**