


Fall 10-2018

# How Learning Happens and What It Means for Effective Teaching

Molly Jameson

*University of Northern Colorado*

Follow this and additional works at: <https://digscholarship.unco.edu/tla>

 Part of the [Cognitive Psychology Commons](#), [Curriculum and Instruction Commons](#), and the [Scholarship of Teaching and Learning Commons](#)

---

## Recommended Citation

Jameson, Molly, "How Learning Happens and What It Means for Effective Teaching" (2018). *Teaching, Learning & Assessment*. 25.  
<https://digscholarship.unco.edu/tla/25>

This Presentation is brought to you for free and open access by the CETL Video Library at Scholarship & Creative Works @ Digital UNC. It has been accepted for inclusion in Teaching, Learning & Assessment by an authorized administrator of Scholarship & Creative Works @ Digital UNC. For more information, please contact [Jane.Monson@unco.edu](mailto:Jane.Monson@unco.edu).

# How Learning Happens and What it Means for Effective Teaching

Presenter: Molly M. Jameson, Ph.D., Associate Professor of Psychological Sciences

## Learning Outcomes

1. Participants will describe learning and memory.
2. Participants will identify major factors (such as organization, practice, elaboration, meaningfulness, self-efficacy, and social interaction) that contribute to learning.
3. Participants will identify ways in which their current teaching practices can be modified to incorporate factors contributing to learning.

## Agenda

1. Discussion of “learning” and “memory”
2. Presentation of major factors
  - a. Organization
  - b. Practice
  - c. Elaboration
  - d. Meaningfulness
  - e. Self-efficacy
  - f. Social interaction
3. Think-Pair-Share of current practices
  - a. See Handout 1
4. Modification of current practice
  - a. See Handout 2
5. Questions
6. One-minute evaluation of workshop