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# How Learning Happens & What it Means for Effective Teaching

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# How Learning Happens and What it Means for Effective Teaching

Presenter: Molly M. Jameson, Ph.D., Associate Professor of Psychological Sciences

## Learning Outcomes

1. Participants will describe learning and memory.
2. Participants will identify major factors (such as organization, practice, elaboration, meaningfulness, self-efficacy, and social interaction) that contribute to learning.
3. Participants will identify ways in which their current teaching practices can be modified to incorporate factors contributing to learning.

## Agenda

1. Discussion of “learning” and “memory”
2. Presentation of major factors
  - a. Organization
  - b. Practice
  - c. Elaboration
  - d. Meaningfulness
  - e. Self-efficacy
  - f. Social interaction
3. Think-Pair-Share of current practices
  - a. See Handout 1
4. Modification of current practice
  - a. See Handout 2
5. Questions
6. One-minute evaluation of workshop