

IDENTIFYING NEEDS & MAKING CHANGES: REFLECTIVE AND REFLEXIVE PRACTICES FOR BECOMING A BETTER TEACHER

Molly M. Jameson, PhD

Keynote Address

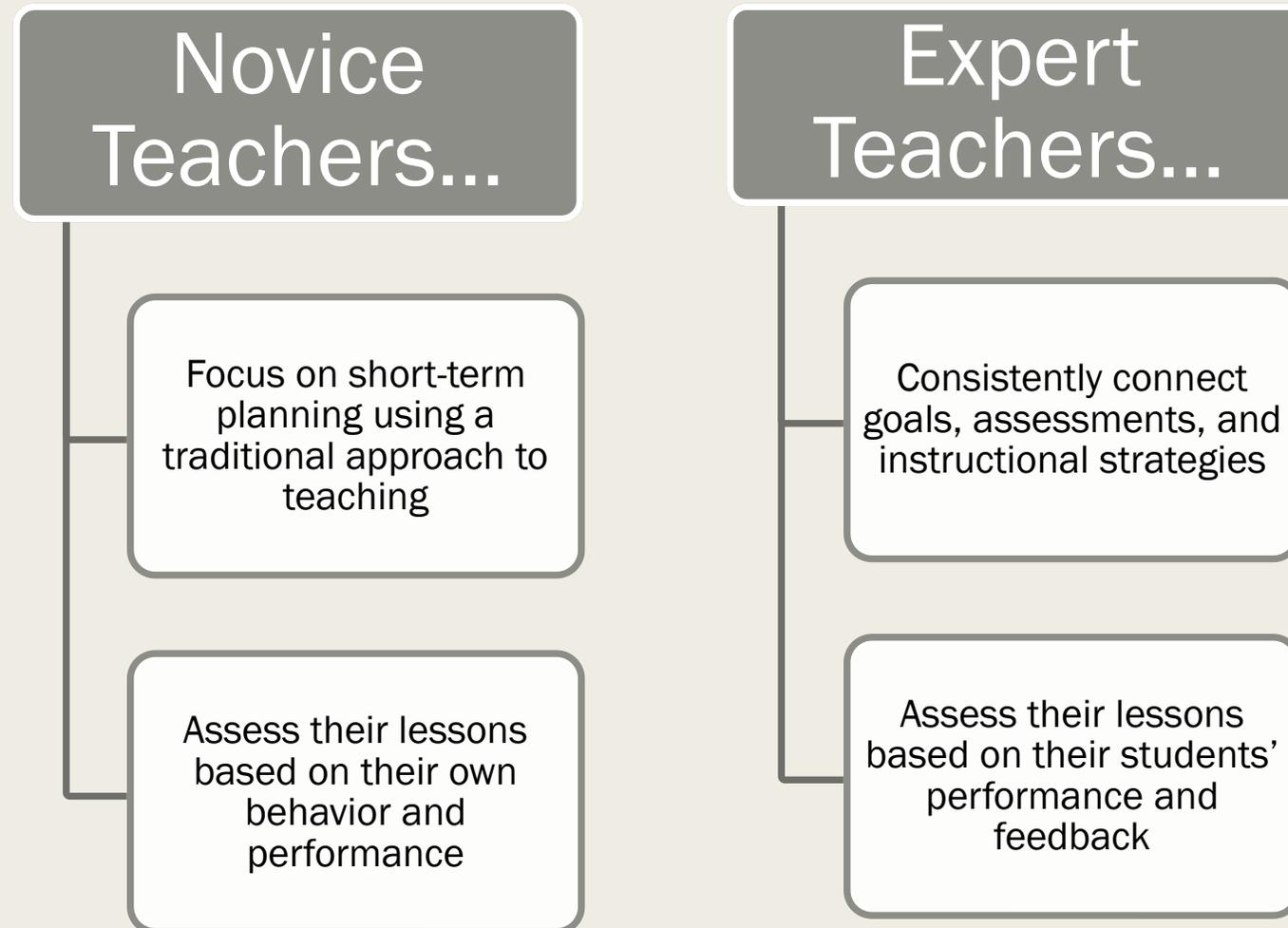
2020 Teaching & Assessment Symposium

University of Northern Colorado

What does it
mean to be an
effective teacher?

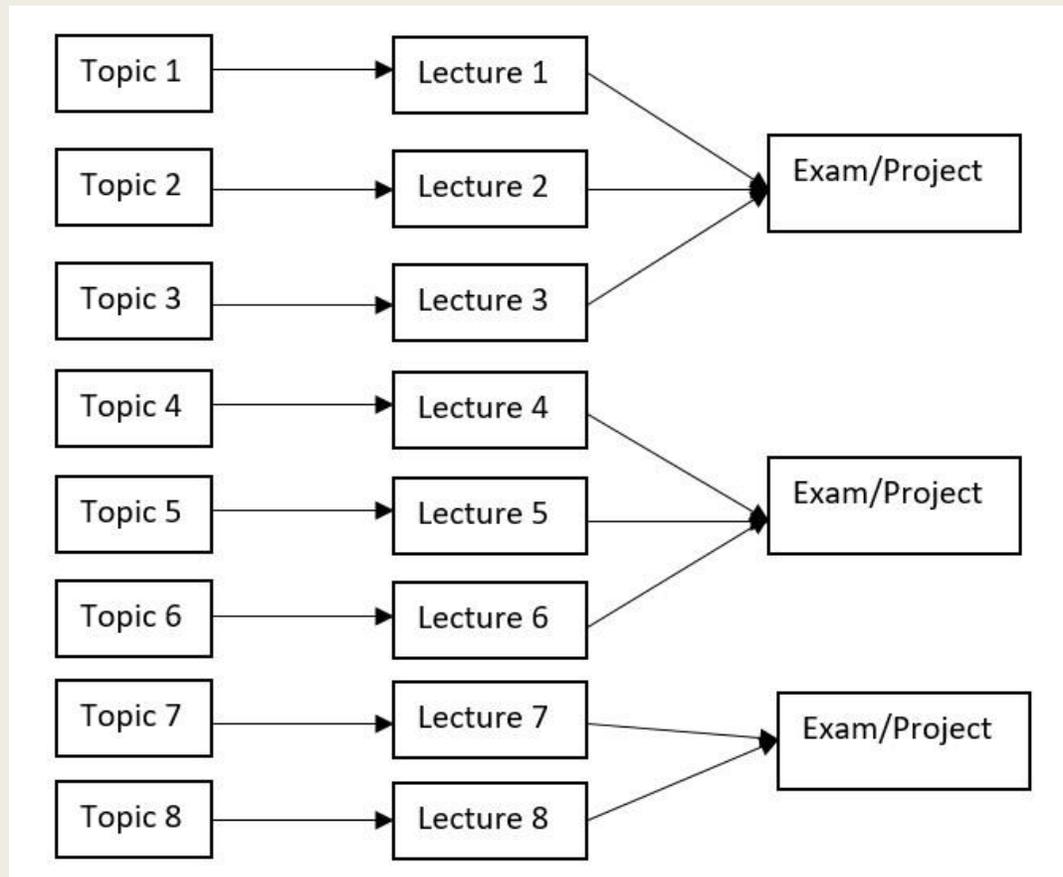
What lessons did I learn from that experience?

- I was a novice teacher, and not just because I was new.

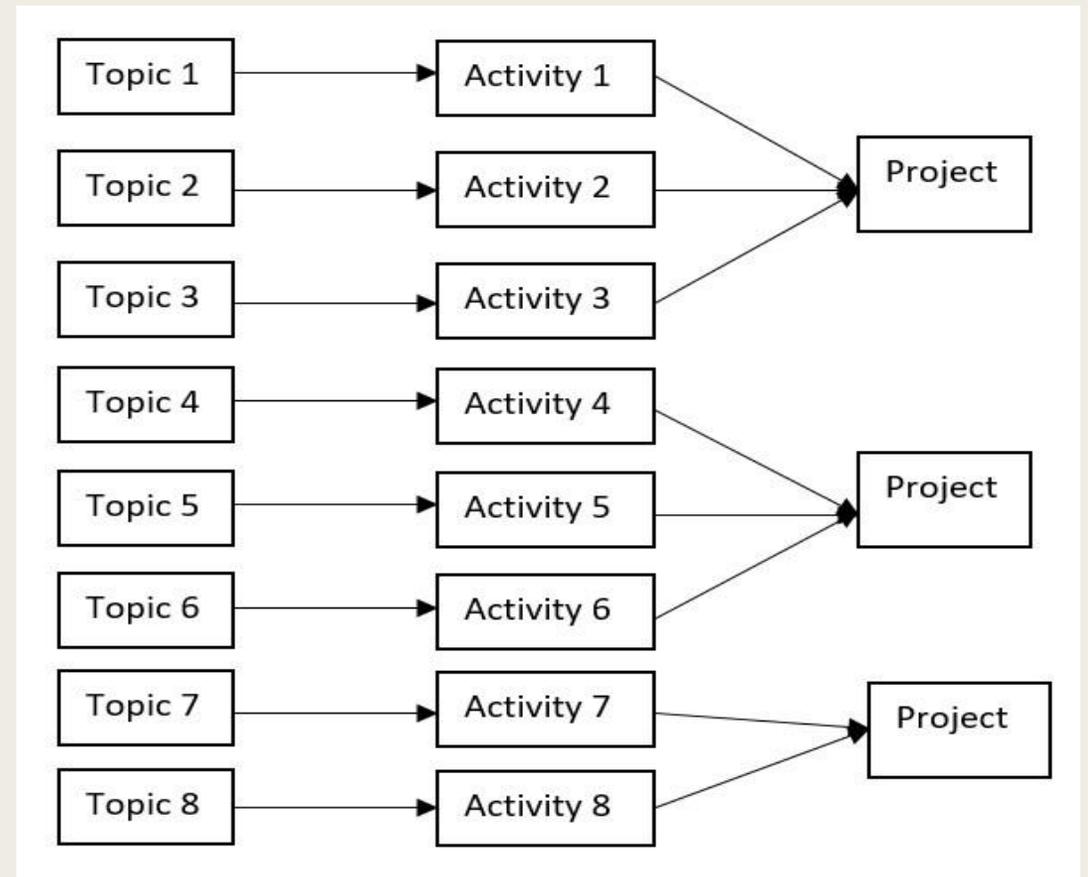


What was my approach to teaching at that time?

Approach 1: List of topics

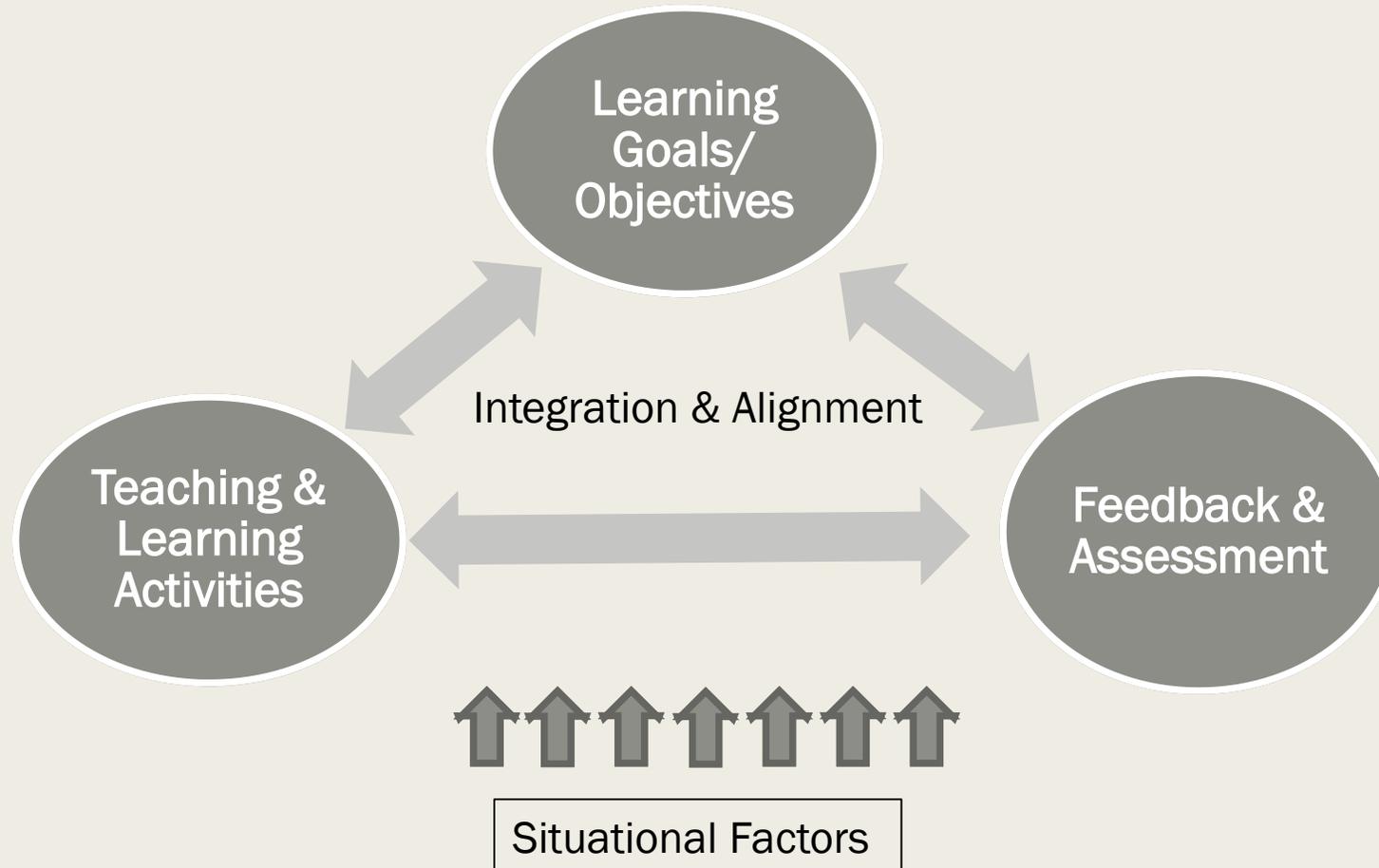


Approach 2: List of activities



What is my approach to teaching now?

- Backward design/Integrated course design



From Fink, L.D. (2013). *Creating Significant Learning Experiences: An Integrated Approach to Designing College Courses*. Jossey-Bass.

Moving toward expert teacher status: Reflective & Reflexive Practices

Reflective Practice

- Learning and developing through examining what we think happened and how we think others perceived what happened
- An in-depth consideration of an event
- Involves reliving and re-rendering
- Might lead to insight about the event

Reflexive Practice

- Finding strategies to question our own attitudes, thought processes, assumptions, values, actions to strive for understanding and improvement
- Not simply considering the event, but seeking to understand and change
- Involves self-awareness, humility, implementation of new ideas, and data
- Will lead to insight, will lead to change

Effective Teaching in Higher Education

- Teaching is a complex profession, one in which we can have a massive impact on our students' lives.
- We all begin as novices, but by identifying needs and making changes, we can more smoothly make the transition to expert teachers. This includes:
 - *using an effective approach to teaching;*
 - *considering situational factors in your teaching;*
 - *engaging in reflective and reflexive practices.*
- When we do these things, the impacts we have are more likely to be:
 - *increased learning;*
 - *increased interest;*
 - *increased motivation;*
 - *increased confidence.*
- When we do these things, it makes our job more rewarding.

Selected References

- Ambrose, S.A. et al. (2010). *How Learning Works: 7 Research-Based Principles for Smart Teaching*. Jossey-Bass.
- Fink, D.L. (2013). *Creating Significant Learning Experiences: An Integrated Approach to Designing College Courses*. Jossey-Bass.
- Ryan, M.E. (2015). *Teaching Reflective Learning in Higher Education: A Systematic Approach Using Pedagogic Patterns*. Springer.
- Schneider, M. & Preckel, F. (2017). Variables associated with achievement in higher education: A systematic review of meta-analyses. *Psychological Bulletin*, 143, 565-600.
- Wiggins, G. & McTighe, J. (2006). *Understanding by Design*. Pearson.