

Scholarship & Creative Works @ Digital UNC
Deposit Form

Project Statement

This project is a joint effort between University Libraries and the School of Art & Design to develop a presence of student work in the University of Northern Colorado's institutional repository, [Scholarship & Creative Works @ Digital UNC](#). Participants of this project will be students with work exhibited in the Annual Juried Student Show. The purpose of this digital exhibit is to promote student creative works and to provide access to student art and design work for research purposes.

By completing the following document, you are giving University Libraries permission to display your work in Scholarship & Creative Works @ Digital UNC.

Statement

I grant permission to the University of Northern Colorado Libraries to retain a copy of this work in digital format and make it available in Scholarship & Creative Works @ Digital UNC according to the conditions specified below.

Please Provide a Description of Your Work

Creator/Artist: Olivia Skelton

Title: Tunnel Vision

Type of Work (e.g., painting): printmaking

Materials Used: woodblock relief print on fabric

Artist Bio (50 words max):

Olivia Skelton is a graphic designer from Colorado who is graduating from UNC in 2020. Much of her work centers around photography and illustration.

Artist Statement (100 words max.):

For this series created in my printmaking class, I made three woodblock relief prints relating to the same theme. The prompt for our woodblock prints was focused on an internal struggle, and I chose to focus on my experiences with mental health. Throughout my life, I have struggled with instances of depression and anxiety. These prints were a way for me to reflect on my past and illustrate aspects of my life that ground me and keep me rooted.

The first print focuses on an activity I enjoy which is keeping houseplants, and it's also a personal reminder to me of growth. The second print shows my dog Taz and the third shows spending time in nature.

Often during an anxiety attack it's hard to visually focus; it almost feels as though you are experiencing tunnel vision and that the world is moving. By portraying the images with this texture, I wanted to create a juxtaposition within a piece that is representational of the complexities of a mental state of health. I also wanted to openly create a series that was honest about my experiences as a way to combat the stigma surrounding and discussing mental health.

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Access

Scholarship & Creative Works @ Digital UNC is an open access repository of material that is freely available to the public. Online access to the digital materials is effective immediately.

Acceptance of Terms and Conditions

Name (please print): Olivia Skelton

Signature: 

Date: April 5, 2020

Email: oliviamskelton@gmail.com